

CERTIFICATE OF PARTICIPATION

This is to certify that

Lawrence Nomadola

Has successfully participated & completed the

10km Konka Farm Run

held at Konka.

TIME 01:10:53

PACE 07:04/km

GENDER 88 of 142

OVERALL 152 of 316

OPEN 48 of 69

31 August 2019, Sat

Date



BoutTime

Signature

